

YOUR MENOPAUSE CARE TEAM

Expert menopause support that meets you where you are

Maven provides comprehensive, specialized guidance for your menopause journey, including early identification of symptoms, treatment advice, and mental health support.



Meet with some of our menopause providers:



Dr. Kathleen Green

OB-GYN
she/her

Dr. Green can help you:

- ☐ Manage menopause symptoms
- ☐ Help ease this time in your life



Sara Daly-Padron

Career coach
she/her

Sara can help you:

- ☐ Advocate for yourself at work
- ☐ Identify and reach your goals



LaTonya Washington

Mental health provider
she/her

LaTonya can help you:

- ☐ Manage stress and anxiety
- ☐ Develop mindfulness practices



Suchitra Nathan

Nutritionist
she/her

Suchitra can help you:

- ☐ Plan meals with essential nutrients
- ☐ Avoid foods that spike hot flashes



JOIN FOR FREE TODAY

Find support from providers like these in every stage of your menopause journey. Visit mavenclinic.com/join/team.

