

THE BEAT

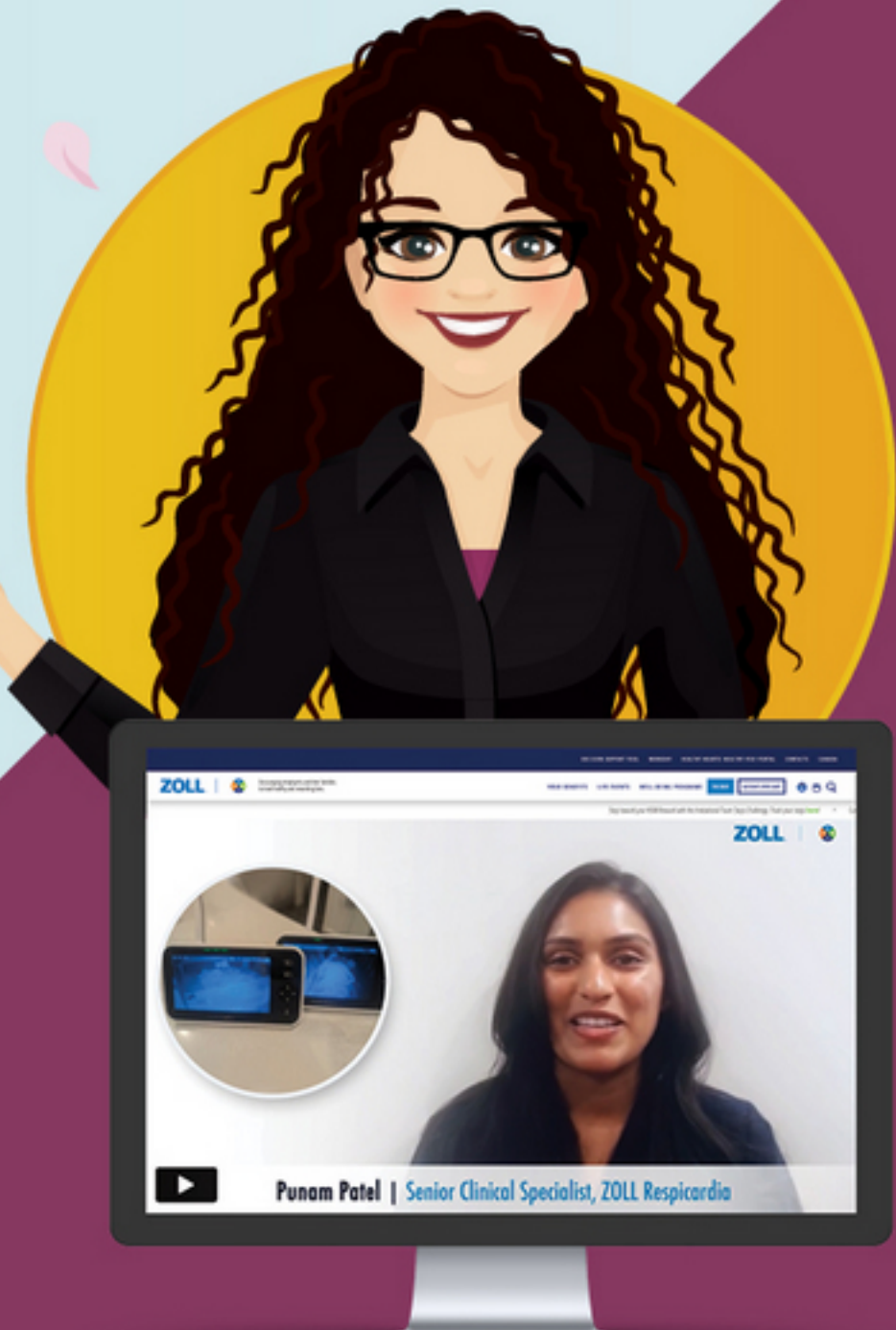
YOUR MONTHLY BENEFITS UPDATE



ALYSON'S SPOTLIGHT

Discover the Best in Family and Women's Care

Join Alyson and guest Punam Patel, Senior Clinical Specialist at our Respicardia division, as they spotlight Maven, the world's largest virtual clinic for women and one of ZOLL's newest benefits offering expert care for every stage of life, from women's health to parenting support. Hear Punam's inspiring firsthand experience using Maven as an invaluable resource for parenting and newborn care.

[WATCH TODAY](#)

Find Balance With Maven

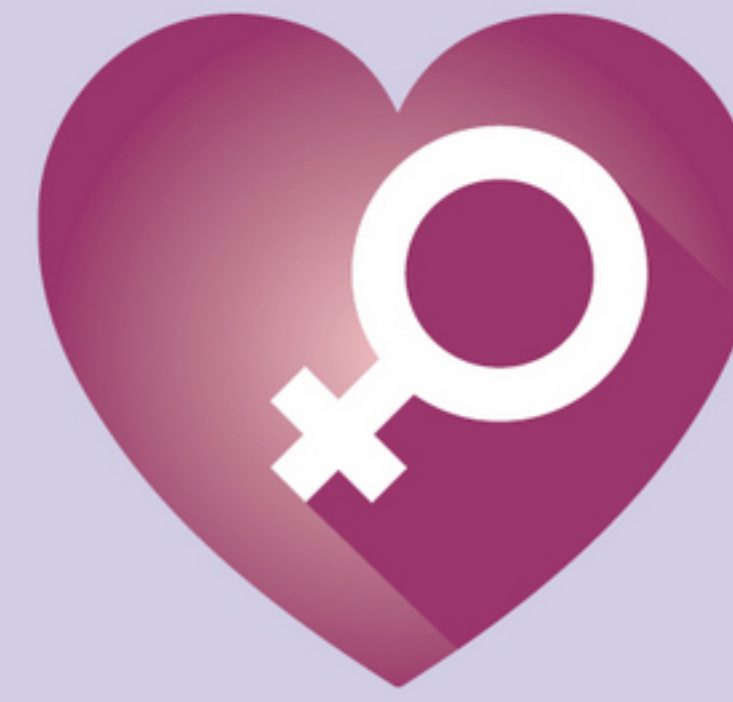
Back-to-school excitement is here and parents are balancing education, health, and family life like never before. **Through our partnership with Maven, you have 24/7 access to expert care from fertility and family building to parenting and menopause.** Whether you're preparing for a new baby, navigating newborn care, or managing midlife changes, **Maven's personalized support is available at no cost to you.** Plus, you don't need to be enrolled in a ZOLL medical plan to use these services:

- Fertility and Family Building
- Maternity and Newborn Care
- Parenting and Pediatrics
- Midlife and Menopause

[VISIT MAVEN](#)

Women's Health Care Hub

Take charge of your well-being with our new Women's Health Care Hub, featuring preventive care guidelines, recommended screenings, and links to trusted resources to help you care for yourself with confidence at every stage of life.

[LEARN MORE!](#)

Upcoming Events

Attend Free Webinars

Your ZOLL Benefits offer webinars to support well-being in every area of your life — physical, emotional, financial, and work/life balance.



Maven

Care for Every Stage of Life

From the ups and downs of fertility and maternity to the joys of parenthood and the transitions of menopause, you can access the guidance you need at no cost to you! Join us for a 30 minute overview of Maven and see how it can be your trusted partner through life's many stages.

Presented by: Laura Dillon, Client Success Manager, Maven

SEPT 16 | 3:30 pm (ET)

SEPT 22 | 1:00 pm (ET)

September 18 | 2:00 pm ET

Fidelity

What is Financial Wellness and Why is it Important?

Learn how you can feel good about your financial situation and know what to do next. This session will cover Fidelity's four pillars of financial wellness to help you learn how you can better manage your money today, so you don't have to stress about it tomorrow.

[REGISTER TODAY!](#)

September 22 | 2:00 pm ET

Fidelity

Identify and Prioritize Your Savings Goals

This workshop will help you start to think about the savings goals that are important to you and understand how you can achieve them. After the workshop you should be able to:

- Identify, prioritize, and fund your savings goals
- Understand where to save for each goal
- Take your next steps and save for your goals

[REGISTER TODAY!](#)

September 26 | 11:00 am ET

Modern Health

Care for Caregivers of Multiple Generations

This Listen & Learn will explore practical strategies for managing the challenges of caregiving while balancing work responsibilities. Discussion topics will include:

- Relaxation techniques
- Building a strong support system
- Actionable tools to reduce stress and increase your well-being
- How to navigate conversations with both personal and professional support networks

[REGISTER TODAY!](#)

Family Planning Needs Financial Planning

Start planning today to keep your family's financial future on solid ground.

Get to Know Maven Wallet

ZOLL provides a \$15,000 maximum reimbursement for costs associated with adoption or surrogacy through Maven Wallet. Full-time, regular ZOLL employees who have completed 12 months of service are eligible.

For FAQs and more information, review the Wallet Program Overview.

[LEARN MORE](#)

Check Your Financial Wellness

Get a quick snapshot of your financial health with Fidelity's Financial Wellness Checkup. This easy to use tool helps you review your situation and identify next steps.

[FINANCIAL WELLNESS CHECKUP](#)

Build Your Personal Plan

Take the next step with a free one-on-one session from a CAPTRUST advisor. Get personalized financial planning tailored to your goals.

[SCHEDULE TODAY](#)

HEALTHY HEARTS! HEALTHY YOU!



HURRY! YOU HAVE UNTIL SEPTEMBER 30TH TO EARN YOUR \$500 REWARD!

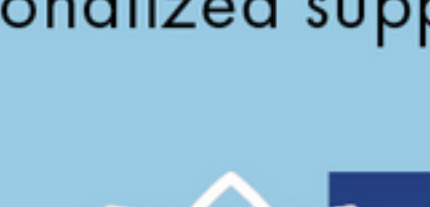
Visit the Healthy Hearts! Healthy You! Portal to check your point status and complete your requirements!

[LEARN MORE](#)

MODERN HEALTH

Mental Well-being at Every Stage

Prioritizing your emotional well-being can help you and your family feel stronger, more resilient, and ready to face whatever comes your way. Whether you're growing your family, supporting your children's emotional needs, navigating menopause, or facing unexpected challenges, Modern Health is here to help with free coaching, therapy, and personalized support every step of the way.

[LEARN MORE](#)

DID YOU KNOW?

Maven provides personalized support through every stage of menopause. You'll have access to trusted specialists, helpful resources, and a supportive community of others navigating similar experiences.

[LEARN MORE](#)[START EXPLORING](#)

ZOLLbenefits.com