

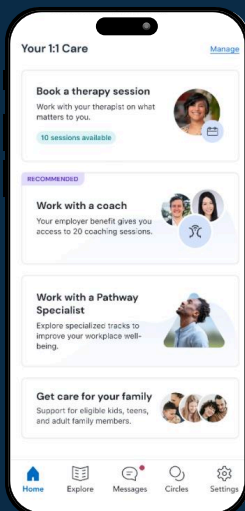


Support for the most important people in your life.

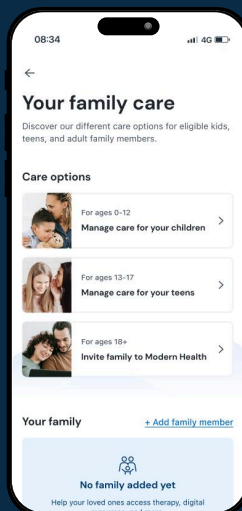
Your employer partners with Modern Health to provide you and your dependents with resources that support your mental well-being. Through Modern Health, you and your eligible dependents each have access to:

- One-on-one sessions with care providers
- Unlimited group support
- Unlimited messaging with providers
- A library of resources, including meditations, courses, and audio programs

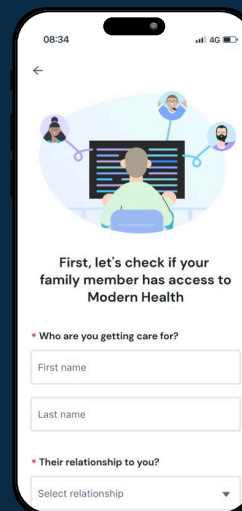
Inviting your dependents to join is easy:



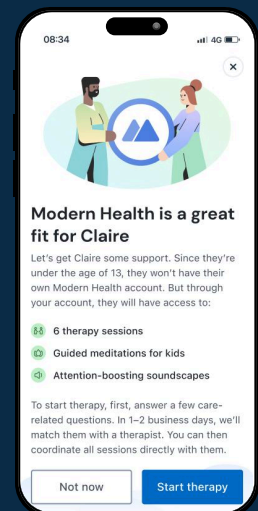
1 Activate your account and select **Get care for your family** on the Home tab



2 Explore care options and select **Add family member**



3 Enter your **dependent's information**



4 See what care is available to your dependent and get started



Get started in minutes!

- Scan this QR code or go to my.modernhealth.com
- Questions? help@modernhealth.com

Dependents 18+ will have access to all services offered within the Modern Health app, including coaching, therapy, and digital content. Dependents ages 0+ in the U.S. and 6+ outside of the U.S. may get connected to therapy services only.

