Change in Marital Status?

Your Next Steps - Checklist	
	Contact Human Resources within 31 days of your marital status change to add or remove your spouse from benefits.
	Provide proof of the event, such as a copy of your marriage license or divorce papers.
	Take a look at the new premium amounts that will be deducted from your paycheck.
	Update your 401(k) and Life and AD&D beneficiaries.
	Adjust the amount you are contributing to the Flexible Spending Account or Health Savings Account.
	Enroll your spouse in voluntary life and AD&D insurance or remove from coverage.
	Contact Modern Health if you need personal support.



