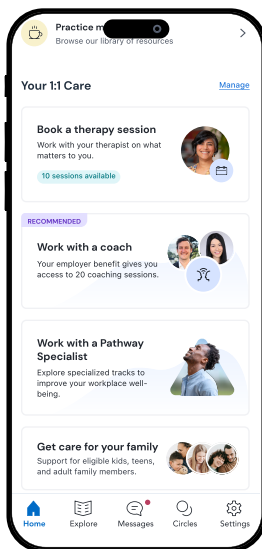


Accessing Therapy for Minor Dependents* with Modern Health

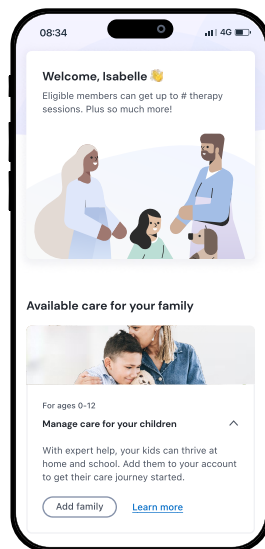
Modern Health is a mental wellness benefit that provides you and your dependents access to personalized 1:1 support, group support, and self-serve resources so that you and your loved ones can be the best version of yourselves — at home, at work, and in your relationships.

If you're seeking care for a minor dependent, you'll need to match with a therapist and book care on their behalf using our family care experience.

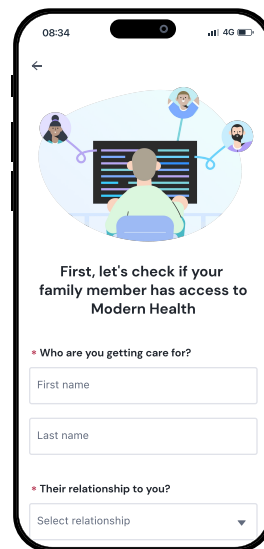
How to get started:



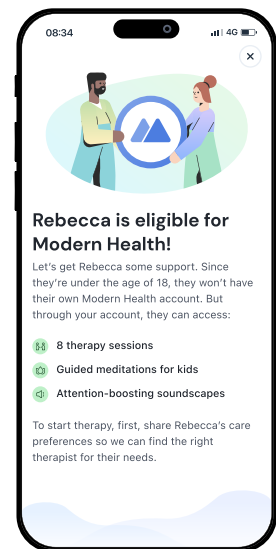
1. From the Home Screen, select **Get care for your family**



2. Select **Add family** to add your dependent to your account



3. Enter some basic information about your dependent

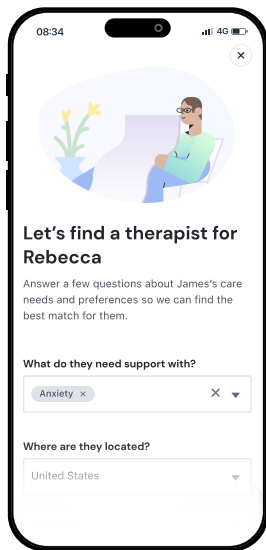


4. Modern Health will do an automated eligibility check that should take a few seconds. Once this is complete, you can start matching them with a therapist.

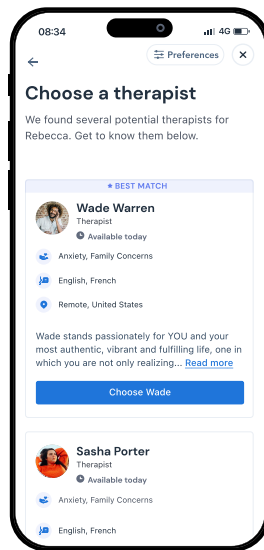
**Therapy for minor dependents is available for ages 0-18 in the United States, and 13-18 outside of the US.*

Accessing Therapy for Minor Dependents* with Modern Health

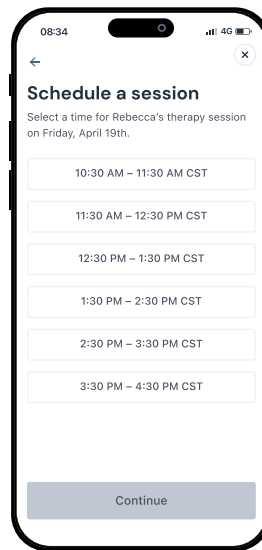
How to get started (continued):



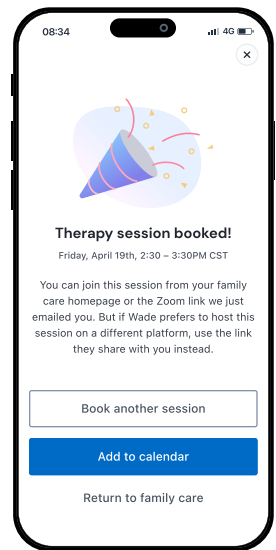
5. Next, you will answer a few questions about your dependent's needs and preferences so we can find the best match for them.



6. Once this is complete, you'll see a list of options for therapists who are a good fit.



7. Finally, you'll select a date and time for your dependent's first session!



8. Once the session is booked, you can easily add it to your calendar.

If you have trouble registering for Modern Health, please don't hesitate to reach out to help@modernhealth.com with a note or screenshot. The Modern Health member support team will verify the information against what they have on file with your employer to provide you the best instructions on how to successfully access Modern Health.