



THE BEAT

YOUR MONTHLY BENEFITS UPDATE



Watch for the next edition of
ALYSON'S SPOTLIGHT

Coming Soon!

MEET MAVEN...

the world's largest virtual clinic supporting family building, menopause, parenting, and more!

At ZOLL, prioritizing your well-being has never been more important. That's why we're proud to announce our new partnership with Maven to support your path to parenthood and beyond.

The best part, Maven is fully covered by ZOLL for all employees regardless of your medical plan enrollment, so you can focus on getting the support you need.

No matter where you are in your journey, Maven offers you and your spouse or partner:

- **Around-the-clock personalized guidance** via video or messaging with providers from more than 35 specialties, including doulas, mental health specialists, lactation consultants, and infant sleep coaches.
- **A dedicated Care Advocate** to help you make sense of your benefits and find the right care for your needs.
- **Access to additional support** including a library of expert articles, drop-in groups, and on-demand classes like Infant CPR and Fertility 101.

LEARN MORE



Interested in signing up?

Scan the QR code or visit mavenclinic.com/join/getstarted.



Maven Webinars:

Attend a webinar to learn how Maven can support you and your family.

February 19, 12:00 pm (ET)

February 20, 2:30 pm (ET)



DID YOU KNOW?

ZOLL offers financial support for fertility and family building support through Maven Wallet, our expense management tool. ZOLL provides a \$15,000 lifetime maximum to be utilized on eligible adoption and surrogacy expenses.

LEARN MORE

Upcoming Events

Attend Free Webinars

Your ZOLL Benefits offer webinars to support well-being in every area of your life — physical, emotional, financial, and work/life balance.



February 12 | 2:00 pm ET

Fidelity

Make the most of your money and create a financial legacy

Fidelity pros will share insights and resources to help you take your money to the next level.

REGISTER TODAY!

February 24 | 12:00 pm ET

Healthy Hearts! Healthy You!

Lunch & Learn: Optimizing Your Sleep

Join your Wellness Coordinators, Robyn and Stephen, as they discuss how optimizing your sleep can help you feel more alert, increase energy, and improve physical and mental health. Learn how to improve your sleep through different habits that help you customize a sleep hygiene routine. **Attend and earn rewards!**

REGISTER TODAY!



February 26 | 2:00 pm ET

Cigna EAP

Practicing Positivity at Work

We all play a role in building a positive, supportive culture at work. Explore the impact of unconscious bias, personal positivity, and effective communication.

REGISTER TODAY!

HEALTHY HEARTS! HEALTHY YOU!



BUILD A BRIGHTER FINANCIAL FUTURE

Participate in the **Healthy Hearts! Healthy You! Financial Wellness Challenge** beginning February 19. Learn more about your financial health to overcome money-related stress and improve your overall well-being.

- Preparing for retirement
- Financial literacy for teens
- Staying fraud-free
- Financial resilience

REGISTER TODAY!

Let's Talk Money



ZOLL partners with Fidelity to help you navigate your finances with tips and timely updates to stay on top of your fiscal fitness! Be sure to check out:

February is Black History Month

Make the most of your money and create a financial legacy.



Tax Season is Fast Approaching

Get the most out of your tax preparation with 25% off TurboTax® when you access it through Fidelity NetBenefits®.



Women Talk Money

Keep up to date with the Women Talk Money series. Visit Fidelity to learn more.



YOUR REWARD IS HERE!

If you or your spouse earned your **\$500 Healthy Hearts! Healthy You! Cash Reward** in 2024, and you are not enrolled in a ZOLL medical plan, it's time to celebrate — check your paystub for your payment!



START EXPLORING

ZOLLbenefits.com