



# Raising and supporting children with all abilities

## What you need to know now

Raising a child is one of the hardest but most loving, joy filled jobs a person can have in their life. And having a child with different abilities doesn't change that wonderful experience, but it can include unexpected obstacles.

According to the CDC, 1 in 5 children have a mental, emotional, or behavioral disorder. Yet, access to pediatric specialists, particularly for children with different abilities, is limited, with only about 20% receiving the support they need from a specialized provider. This is due to a number of factors such as limited resources in their geographical area, long waitlists to receive appointments, and costs involved with seeing a specialized provider.

**Maven's Parenting and Pediatrics program** helps address these gaps and provide expert support for children with all abilities. Maven members have free access to all of the below resources 24/7, so they can receive support and speak with experts on their own schedule:

## 01



**A designated Care Advocate** who is invested in your family's wellbeing. Your Care Advocate can help you find in-network in-person support, make referrals and recommendations, navigate your benefits, and help you understand your health bills.

## 02



### Access to specialized providers including:

- Parenting coaches
- Speech pathologists
- Nutritionists
- Pediatric mental health specialists
- Psychiatric nurse practitioners
- Occupational therapists
- Care consultants

## 03



**A supportive community** of other parents that are going through similar experiences

## 04



**Educational resources** such as content and guides

## 05



**Provider-led classes** on topics such as pediatric mental health or how to help your kids regulate their emotions

