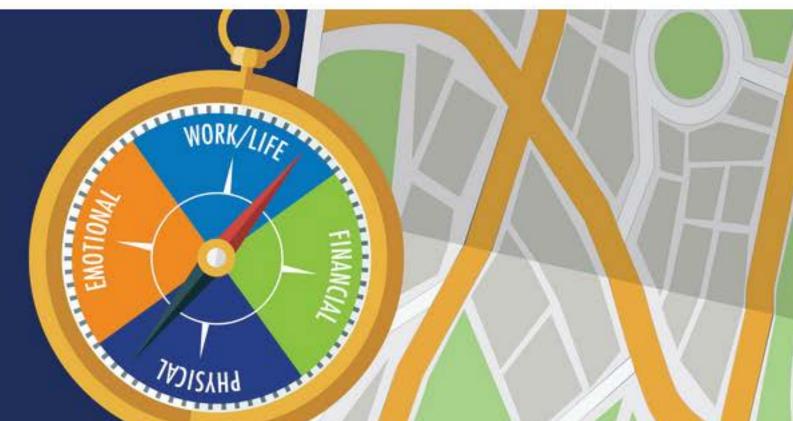




THEBEAT

YOUR MONTHLY BENEFITS UPDATE



ALYSON'S SPOTLIGHT

We Make it Easy to Get Screened!

Alyson and Sophia want to spread the word! We are bringing Biometric and Blood Screenings to your ZOLL location to make it faster and easier to complete your screening and earn points toward your \$500 Reward. And, if you complete your screening by May 31, you will win a prize! Watch this month's Spotlight so you can Be First on the Scene to Screen!

WATCH TODAY





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Upcoming Events **Attend Free Webinars**

Your ZOLL Benefits offer webinars to

Investing involves risk, including risk of loss.

support well-being in every area of your life - physical, emotional, financial, and work/life balance.









March 7 | 12:00 pm ET

Fidelity Unlock Your Money's

Full Potential There's no better time to take charge

of your money. Join Fidelity's Women Talk Money team and renowned chef and Emmy-nominated producer Padma Lakshmi, as we talk steps to help make your money work even harder and share tips for getting after your money and career goals. Don't miss this free event.

March 7 | 1:00 pm ET

REGISTER TODAY!

Care.com

Emotional Wellness:

Managing Fear & Anxiety Learn how to talk through our

and anxieties are manageable and controllable. **REGISTER TODAY!**

thoughts to realize that our fears

March 20 | 2:00 pm ET

Cigna EAP

Taking Charge of Your Healthcare

From choosing a doctor to evaluating fees to understanding preventive care,

staying well can be confusing! This seminar can help you get up to speed. **REGISTER TODAY!**

Unlock Your Money's

March 21 | 12:00 pm ET

Full Potential Going after your money and career

Fidelity

goals? We've got ways to help you

get started and we're breaking it all down during our free event, How to Build Money & Career Success. Join Fidelity's Women Talk Money team and award-winning actress and producer Viola Davis, as we talk steps for creating a money and career game plan and share ways

to advocate for your worth in the workplace.

REGISTER TODAY!

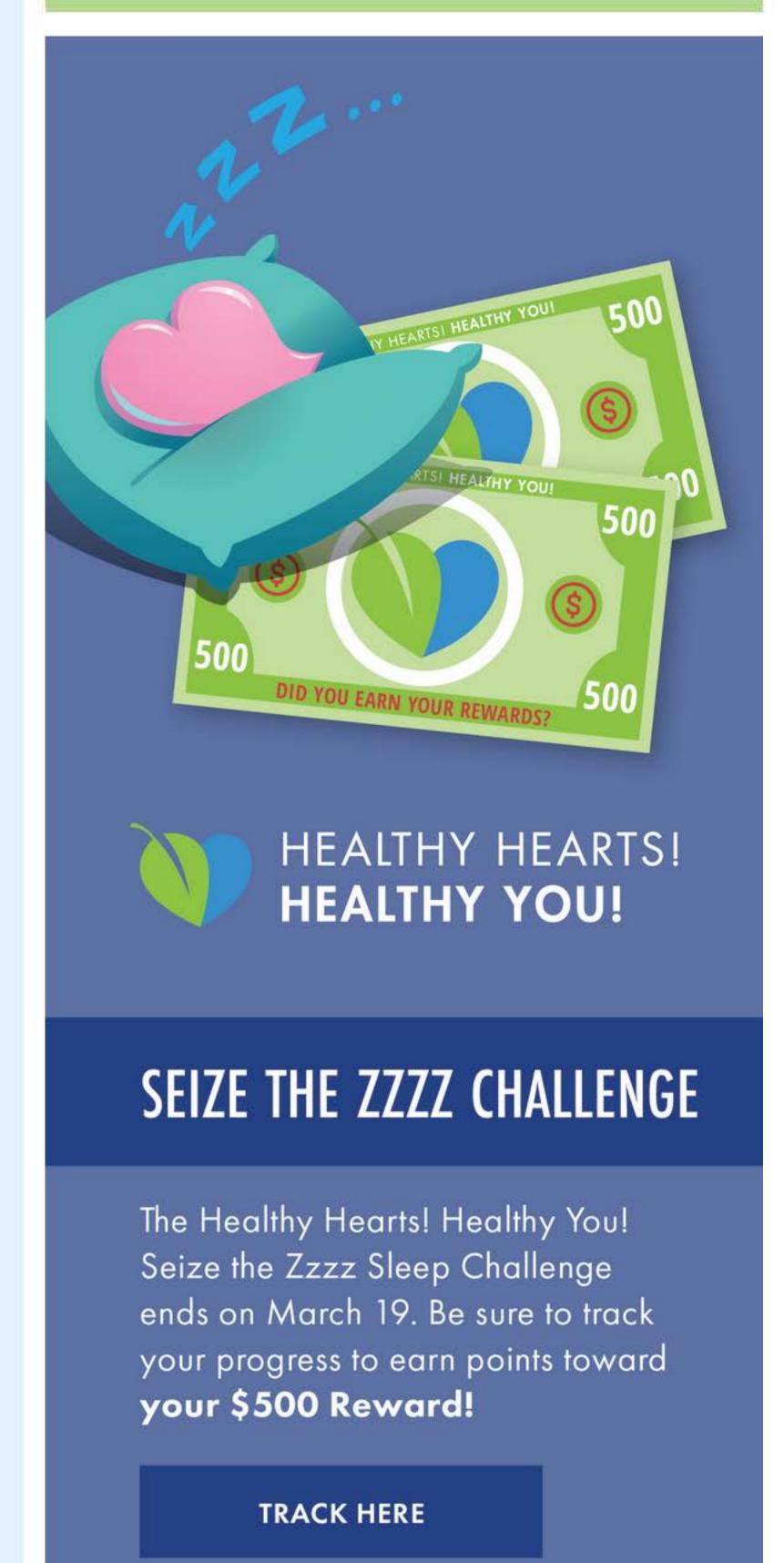


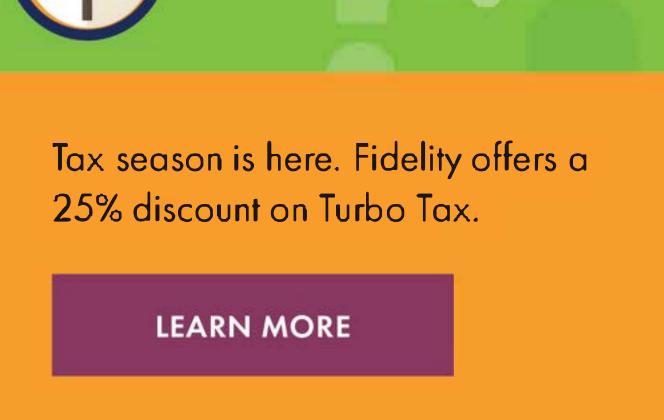
Own Reward Making your health a priority is

Prevention Is Its

easy with ZOLL's Healthy Hearts! Healthy You! Program. With free onsite Biometric and Blood Screenings at your ZOLL location, and points for annual exams and other Preventive Health Screenings, you can take the first step toward your good health and your \$500 Reward. Check out this month's blog to find out which screenings are right for you.

LEARN MORE





DID YOU KNOW?

ZOLLBenefits.com

START EXPLORING