

Save on healthcare costs

with Teladoc Health

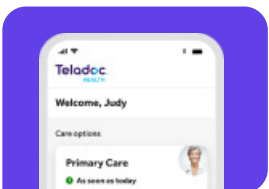
Teladoc Health lets you take care of your health needs by phone or video, which helps you save time and money. Start by having a virtual primary care visit with a Primary360 doctor, but in-person care is available when needed!

How your health plan works:



See a Primary360 doctor first.

Manage every bit of your health, body and mind, from home or on the go. Your first visit must be with a Primary360 doctor.



Schedule telehealth visits on your terms.

In addition to virtual primary care, you have access to 24/7 care, therapy and psychiatry services and more.



Get referrals to save on healthcare costs.

Need to see a doctor or specialist in person? Save money by getting a referral from your Primary360 doctor first.† Referrals are often required for in-person and specialty care.

Start with Primary360 today.

Teladoc.com/Primary360

1-855-TELADOC (835-2362)

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What do I get with Primary360?



Annual checkups and wellness visits by phone or video



Dedicated time with your doctor to talk through your medical history, challenges and needs



A personalized Care Plan so you can meet your health goals with ease



Referrals, prescriptions and lab orders as needed

Wondering how Primary360 works?

Before your visit

Once you choose your Primary360 doctor, you'll answer questions about your health. Your doctor will review the information you provide prior to your visit. You'll also receive a blood pressure monitor (which is yours to keep) at no cost to you that you'll use to share readings for visits.

During your visit

You'll get dedicated time with your doctor to get answers to your health questions, talk through any concerns and discuss any necessary next steps to achieve your health goals. Don't worry—doctors are trained to treat and diagnose over phone and video, and it can save you time, money and the hassle of going into an office.

Your benefits also include:

CARE FOR YOU PHYSICALLY

Manage your health virtually with a U.S. board-certified doctor.

General Medical:

Treat coughs, colds, UTIs and more.

CARE FOR YOU EMOTIONALLY

Talk to a licensed therapist or psychiatrist by phone or video.

Therapist:

Address any challenges you're facing.

Psychiatrist:

Get medication support to help with symptoms.

Access your Teladoc Health account to view your services and pricing.

Begin your journey to better health with Teladoc Health

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*If you're scheduling an annual checkup, your fee will be waived in accordance with your benefits policy. Follow-up visits are as low as \$0, depending on your benefits coverage.

†If you go in person for care without getting referrals from your Primary360 doctor first, your claim may be denied by your health plan, and you'll be charged an out-of-network copay.

Teladoc Health is not available internationally.