

The INVITATIONAL

TEAM STEPS CHALLENGE

REGISTER TODAY

Registration for The Invitational Team Steps Challenge runs from July 12 to August 1 at webmdhealth.com/zollwellness.

Join a five-person team and compete against a new team each week for five consecutive weeks. The team that walks the most steps each week wins!

Watch [The Invitational video](#) to learn more.

The challenge starts **Wednesday, August 2.**



EARN REWARDS

Employees and covered spouses can earn 50 points toward their 2023 Healthy Hearts! Healthy You! Reward for stepping their way to fun.

Plus, employees will get an entry into the 2023 Healthy Hearts! Healthy You! Quarter 3 Prize Drawing. Three winners from each division will be selected.

To record your steps, you can sync your fitness device or enter your steps manually through webmdhealth.com/zollwellness.

DOWNLOAD OUR APP

Use [Wellness At Your Side™](#) from WebMD Health Services to register and track your steps during The Invitational.



ZOLL



 **HEALTHY HEARTS!
HEALTHY YOU!**

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