



### **What Kind of Weight Loss Programs Qualify?**

The Weight Watchers Traditional, Weight Watchers at Work programs, Weight Watchers Online and hospital-based weight loss programs offered by and held at licensed hospitals qualify for reimbursement. The Weight Loss Benefit does not cover individual nutrition counseling sessions, food, books, videos, scales, or other items not included as part of a qualified program's course fees.

### **Reimbursement Process – Carefully Review!**

- Do not submit this form more than once per calendar year
- Do not submit this form until you have accrued \$150 in expenses or the maximum up to \$150 for this calendar year
- All benefit payments will be sent to the subscriber's address on file
- Reimbursement is limited to a maximum of \$150 per calendar year per family
- This completed form and proof of payment and membership must be submitted by March 31st for the prior calendar year's reimbursement
- Submit this completed form with proof of payment (such as: paid receipts, bank or credit card statements) and proof of membership