

Easy to find mental health virtual support

Provider searches for care returns an alert for Mental Health Virtual Care in addition to localized provider options .

The screenshot shows the Aetna website interface. At the top, the Aetna logo is on the left, and user information (William E Gillis JR) is on the right. A navigation menu includes Home, Claims, Plan Overview, Find Care & Pricing, Pharmacy, Health & Wellness, and Support. The search bar contains the word "Depression". Below the search bar, there are filters for "Accepting New Patients", "Gender", "Virtual Care", and "All Filters". A red box highlights the search bar and the "Virtual Care" filter. Below the filters, a message box provides information about the Suicide Prevention Lifeline. The main results section shows "50 in-network results for" and a list of providers. A red box highlights the "Mental Health Virtual Care" result, which includes the text "Explore your Mental Health Virtual Care Options" and a "View Options" link. A map of the Los Angeles area is shown to the right of the results, with several purple location pins. A red arrow points from the "Virtual Care" filter to the "Mental Health Virtual Care" result, and another red arrow points from the "Mental Health Virtual Care" result to the right-hand page.

The screenshot shows a page titled "Access mental well-being services from anywhere" with a red heart icon. The page contains text explaining telehealth and virtual mental well-being programs. Below the text, there are three sections, each with a table of provider information:

- Depression, anxiety or those struggling with mental well-being concerns**
- Struggling with suicide**
- Substance and alcohol use concerns**

Ages	Provider	Contact	Availability
5+	Array at Home	1-800-442-8938 https://Array8C.com/	Nationwide
5+	Telemynd	1-866-991-2103 https://Telemynd.com/aetna-referral-form	Nationwide
5+	Alma Health	HelloAlma.com/aetna	Nationwide
18+	CVS* MinuteClinic*	1-855-417-2486 https://CVS.com/mental health	CVS* MinuteClinic* markets
18+	Brightside	1-415-360-3348 https://Brightside.com/	Nationwide

Ages	Provider	Contact	Availability
12-24 18+	Vita Health	1-844-866-8336 (1-844-866-TEEN) https://VitaHealth.Care	AZ, CA, CO, CT, FL, IL, MA, MD, MO, NC, NJ, NV, NY, OH, PA, RI, SC, TX, UT, VA, WA

Ages	Provider	Contact	Availability
18+	Eleanor Health	1-866-972-0771 https://EleanorHealth.com/	LA, MA, NC, OH, WA, TX
18+	Workit Health	1-877-777-2671	Coaching: nationwide Clinical support: AK, CA, CO, FL, GA, IL, IN, KY, MI, MN, NC, NJ, OH, OR, PA, TX, VA, WA

The Aetna logo is at the bottom right of the page. A red arrow points from the "Mental Health Virtual Care" result in the left screenshot to the "Depression, anxiety or those struggling with mental well-being concerns" section in this screenshot.