



HEALTHY HEARTS!
HEALTHY YOU!

POWERED BY
WebMD
health services

Get Started Now!



Visit webmdhealth.com/zollwellness

1. Click **Create Account** and follow instructions. Spouses and dependents over 18 must create their own account to access the portal.
2. Need assistance or having trouble logging in? Call Customer Service at **1-866-513-2506**.

Welcome

Username *

Password *

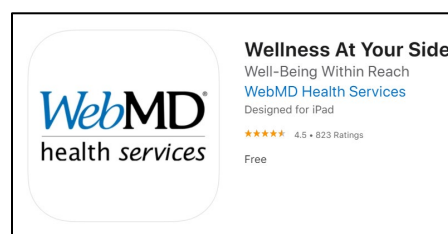
SIGN IN

[Forgot username or password?](#) [Language: English](#)

[Don't have an account yet?](#) **CREATE ACCOUNT**

Download the Wellness At Your Side™ app:

From the Apple App Store or the Google Play Store, search for “**Wellness At Your Side**”
Download and open the app, then enter your connection **code: ZOLL**



Create Account:

Registration ID: Your **Registration ID is the last 6 digits of your Social Security Number (SSN) + your date of birth (MMDDYYYY)**. Here is an example: SSN 123-45-6789; Date of Birth= 10/13/1980


Registration ID= 45678910131980

Username: Must be at least 6 letters or numbers (no spaces).

Password: Must be at least 9 characters using letters, numbers, symbols or spaces.

Email address: You must have a valid email address to create an account.

Authentication and Security Information

Registration ID * 

Please add your Registration ID to the line above.

Your Registration ID is the last 6 digits of your Social Security Number (SSN) + your date of birth (MMDDYYYY). Here is an example: SSN = 123-45-6789; Date of birth = 10/13/1980. You will enter: 45678910131980

Username *


(6 or more letters or numbers; special characters allowed; no spaces)

Sign into your account:

Enter your username and password and then click "Sign In"

Welcome

Username *

Password * 

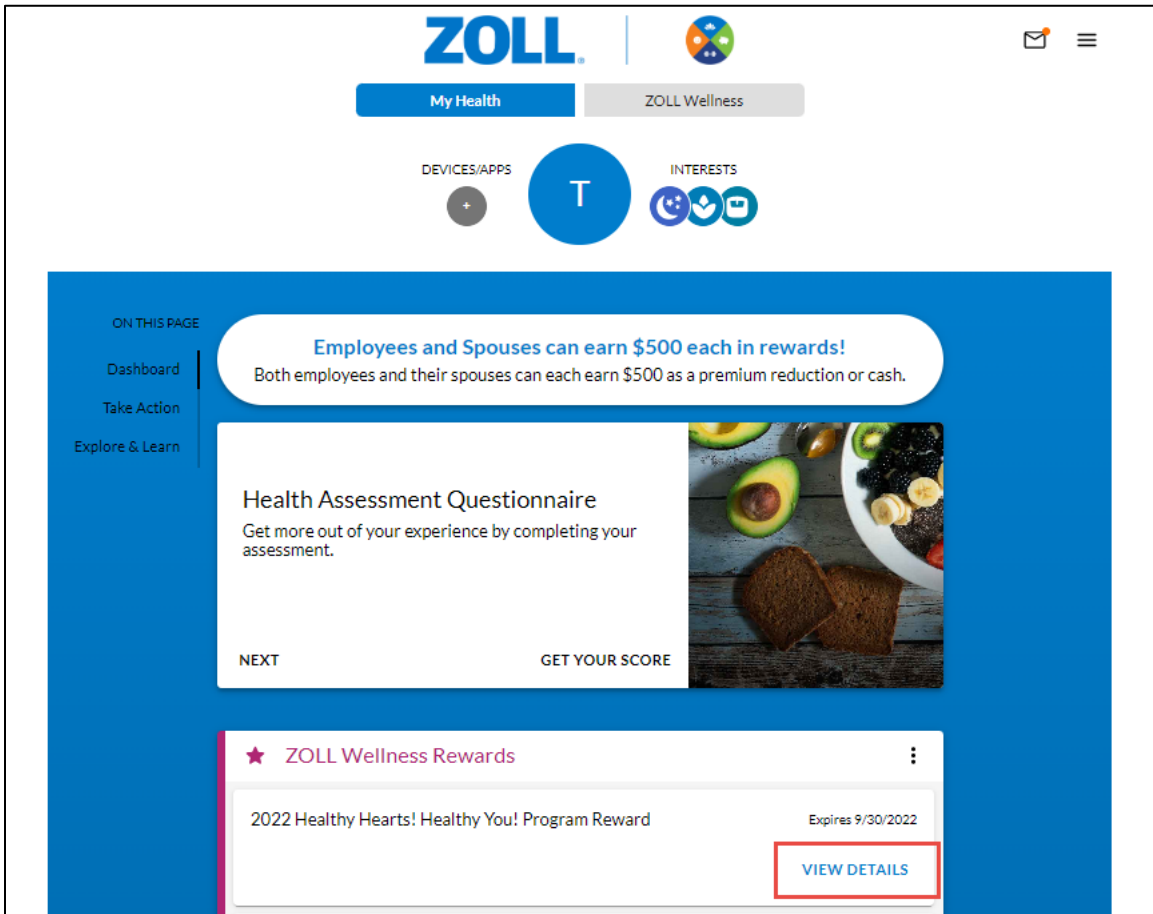
SIGN IN

[Forgot username or password?](#) [Language: English](#)

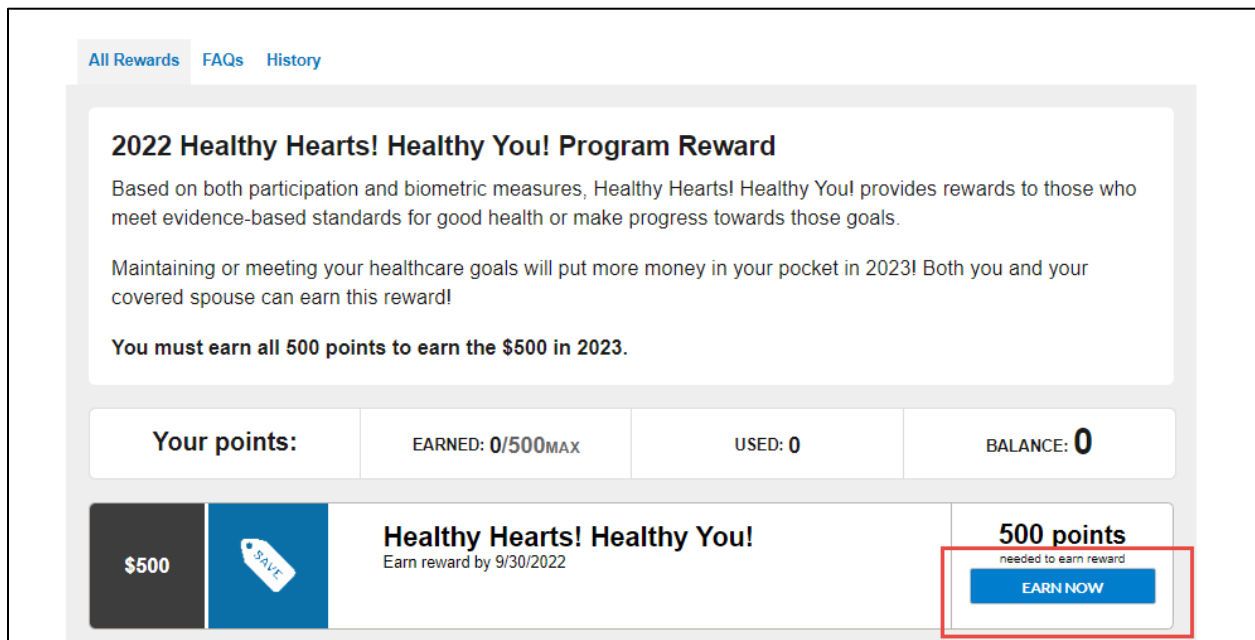
Don't have an account yet? [CREATE ACCOUNT](#)

Start Earning Rewards!

From the homepage, click “View Details” for the 2022 Wellness Rewards Program:



Click “Earn Now” to see the activities in the program:



You can see all the activities available to complete to earn the Reward!

The screenshot shows the ZOLL rewards interface. At the top, the ZOLL logo and a navigation menu are visible. Below the logo, there are links for "All Rewards", "FAQs", and "History". A summary bar displays "Your points:" with "EARNED: 0/500MAX", "USED: 0", and "BALANCE: 0".

The main reward is a \$500 "Healthy Hearts! Healthy You!" reward, which expires on 9/30/2022. It requires 500 points to earn. The steps to earn this reward are:

1. Complete the [Health Assessment Questionnaire](#) AND a [Quest Biometric and Blood Screening](#) to earn 350 points.
2. Points will credit if you are in-range or improved from last year's values for Blood Pressure, Cholesterol Ratio and Fasting or Non-fasting Blood Sugar levels, however you can also complete Health Coaching Sessions, Daily Habits Plans and Challenges to earn the rest of your points.

Below the steps, there are two sections of activities:

- REQUIRED: Complete the Health Assessment Questionnaire AND Biometric and Blood Screening to Earn 350 points**
This section shows "0 points earned" and a "DO IT" button. Below it are two items:
 - Complete the WebMD Health Assessment Questionnaire (Do this by 9/30/2022)
 - Complete Your Annual Biometric and Blood Screening (more) (Multiple Activities)
- Results and Behaviors**
Complete any 3 of the following activities to earn the rest of your 150 points. This section shows "0 points earned" and three "DO IT" buttons, each with a red arrow pointing to it:
 - Complete a WebMD Coaching Session (more) (Do this by 9/30/2022) (50 points)
 - Complete a Daily Habits Plan (more) (Do this by 9/30/2022) (50 points)
 - Complete a Challenge (more) (Do this by 9/30/2022) (50 points)
 - Complete the Five to Thrive Challenge (more) (Do this by 9/13/2022) (50 points)