Suffering Grief or Loss?

	Your Next Steps - Checklist
If your dependent was covered on any ZOLL plans:	
	Contact Human Resources within 31 days from the death so that we can help you with next steps.
	Review your current benefit coverages and make necessary changes.
	Be sure to update your 401(k) and Life and AD&D beneficiary information if your dependent was listed as a beneficiary.
	Consider adjusting the amount you are contributing to the Flexible Spending Account or Health Savings Account.
	File a life insurance claim, if your dependent was covered under supplemental life insurance
For your support, take advantage of these benefits:	
	Employee Assistance Program (EAP) can provide 24/7 personal support and access to counseling.
	Paid Time Off benefits may be available if you need to take additional time during this difficult period.

